

*A delicious choice of*  
**WAKE-UP,  
WARM-UP,  
FILL-UP,  
GET-UP-AND-GO...**



*Holiday Inn*

*Start your day*  
**WITH A DIP**

**BREAKFAST**



## Continental Buffet £X.XX

### Freshly Made Pancakes American Style

Stack of thick fluffy pancakes – drizzle with runny honey and butter, top with fruit, or go North American with bacon and maple-flavour syrup

### Today's Breads

White or wholemeal fresh rustic bloomer toast, fresh baguette

### Pastry Selection

Croissant, pain aux raisins, pain au chocolat – all buttery and flaky

### Classic Muffins

Rich chocolate, moist blueberry

### Fresh Fruit Salad

Juicy and zingy, healthy and colourful

### Dried Fruits, Nuts & Seeds

Dried fruits, naturally high in fibre

### Fresh Fruit

Seasonal fruits – pick your own!

### Yoghurt

Organic fruity favourites or plain natural

### Cereal Selection

Granola, Muesli, Special K, Cornflakes, Rice Krispies, Weetabix

### Cheese & Charcuterie

Emmental, ham, salami and turkey slices

### Preserves & Spreads

Strawberry jam, apricot jam, orange marmalade, runny honey, set honey, maple-flavour syrup, Nutella, Marmite, butter and margarine

### Oat Porridge

Good for heart and cholesterol health, made with semi-skimmed milk, water or soya milk, as you wish. Made to order please ask your server

## Cooked Buffet £X.XX

### Eggs

Boiled to order (soft, medium, hard) fried, or scrambled

### Sausages – Traditional Pork or Cumberland

Simply grilled

### Back Bacon

Freshly grilled

### Streaky Bacon

Grilled and crispy

### Grilled British Black Pudding Slices

### Button Mushrooms

Sautéed and fresh

### Fresh Tomatoes

Browned under the grill

### Baked Beans

High-fibre, high-protein

### Potato Rösti / Hash Brown

### Sauté Potato

Golden brown

## Breakfast Drinks

**Fruit Smoothie** – Cool, creamy, fruity thick-shake

**Fruit Juice** – Easy apple, freshly squeezed orange or tangy cranberry

**Tea, Coffee or Hot Chocolate** – Ask for our selection



🌿 No Meat or Fish. Ask for allergy details. Prices include VAT.